

Aboriginal and Torres Strait Islander Health Practice Council of NSW Chinese Medicine Council of NSW Chiropractic Council of NSW Dental Council of NSW Medical Radiation Practice Council of NSW Occupational Therapy Council of NSW Optometry Council of NSW
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## Transition to revised drug & alcohol screening policies

#### Fact sheet: Changes to alcohol screening

## What have we done?

We have reviewed our alcohol screening policy to ensure the way we screen is up to date, evidence-based and in line with best practice.

This extensive review was conducted as part of our program of continuous improvement and in response to the release of a national drug and alcohol screening protocol by AHPRA. This involved:

- convening an expert working party of drug and alcohol specialists, Council decision makers and staff to provide recommendation to the Council on the future direction of screening
- engaging a new national pathology provider to provide all services of the revised policies
- reviewing the language of our policies and the way you communicate with us
- preparing new screening policies and participant procedures, and supporting material.

# How will the changes to screening affect you?

The changes to screening will ensure a more practical process to screening that may benefit you. Potential benefits you will experience include:

- improved access to an increased number of collection centres within NSW and around Australia
- enhanced *privacy and confidentiality* during collection at centres outside of hospitals
- nationally consistent costs for screening with no collection or transport fees
- improved timeliness of receiving results
- streamlined communication with us including standardised forms
- nationally consistent approach to screening.

What has changed?	Item	Changes	
	Alcohol screening	<ul> <li>no changes will be made to the method of alcohol screening you are on (e.g. EtG or CDT)</li> <li>in the future, breath-testing for alcohol will be the first-line screening method if you have an alcohol- related impairment and other screening tests will be used only if necessary.</li> </ul>	
	Pathology provider	<ul> <li>a nationally consistent pathology provider will provide all collection and screening services (Queensland Medical Laboratory (QML) with NSW collection partner Laverty)*</li> <li>you will pay for screening at the time of collection.</li> </ul>	
	Absence from screening	<ul> <li>nationally consistent absence from screening process, namely that you must continue to attend for EtG screening (if you travel within Australia.</li> </ul>	
	Policy documents	<ul> <li>a primary alcohol screening policy document that outline how to comply with alcohol screening</li> </ul>	
		<ul> <li>individual, user-focused participant procedures for each type of screening that tell you how to screen</li> </ul>	
		<ul> <li>standardised forms for providing information to us (e.g. leave from screening, illness certificates).</li> </ul>	
	* A list of Council-approved collection centres is available here.		
What about the time I have already spent screening?	The time you have already spent undergoing screening will be counted toward your minimum required screening timeframe after transition to the revised policies.		
What about the cost?	Our review identified that the cost of screening varied significantly depending on your location and which pathology group collected you sample. We were particularly concerned by the amount some of you were paying for collection and transport of your samples.		
	We have negotiated a memorandum of understanding with QML to ensure nationally consistent costs for screening. While you may pay more for your screening we can confirm you will not pay any collection or transport costs if you screen at a Council-approved collection centre. The proposed costs are included in <a href="Appendix A">Appendix A</a> .		
Quality improvement	We are committed to ongoing improvement in drug and alcohol screening. We will evaluate the new screening policies during and after implementation to determine whether the policies are working as intended and whether improvements can be made.		
What happens next?	The revised policy takes effect on 1 August 2018. We will write to you and tell you what needs to happen to transition to the revised policy. We encourage you to talk to your Professional Indemnity Insurer, support organisation or adviser about this process and what you need to do next.		

### Appendix A – Proposed costs of screening

Screening test	Cost*
Urine EtG	\$ 44
CDT	\$ 27.50
Blood alcohol	\$ 41

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<sup>\*</sup> inclusive of GST, collection and transport if participant attends a QML-approved collection centre